

Shared journeys

Annual report 2025

som
— fundació



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Together We Go
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Cover image

© We are - Foundation

Cristina and Anaís, two women that we support, are riding through a field of almond trees in bloom in Verdú, Lleida (Catalonia).

A Look at 2025



Jordi Costa Molina
President of Som – Fundació

2025 has been **a year of sustained growth for Som - Fundació**, both in terms of the volume of activity and the maturity of its support model. Within this framework of continuity and evolution, **Mario Cuixart joined as the new manager**, succeeding Josep Tresserras, after more than thirty years of commitment and dedication to the organization. On behalf of the board of trustees, I would like to express my deep gratitude for his career and for his decisive contribution to building the project that Som - Fundació is today.

Throughout this year, we have strengthened the reach of our support model beyond our local area. Participation in European programs has allowed us to **share knowledge, learn from other experiences, and build alliances** with organizations in different countries.

In this context, being the host entity for the study visit of the EASPD Lighthouse project, linked to inclusive technology, has reaffirmed our commitment to innovation at the service of people and their life project.

At the institutional level, Som - Fundació has continued to **contribute its expertise in legislative advocacy**, with the aim of fostering regulations that are more aligned with the realities of people with disabilities. Participation in the drafting committee for the bill to amend the Civil Code of Catalonia has allowed us to advocate for a framework that strengthens the recognition of the rights and decision-making capacity of people with disabilities, an area of advocacy that is an essential part of our commitment as an organization.

Looking ahead, the challenge is to continue adapting to the changing paradigm with sustained growth, incorporating responses to increasingly complex situations, and bringing the organization and its support closer to people's real-life environments, with a close, flexible, and collaborative approach. Through this way of working, **we support people with disabilities so they can fully exercise their rights, make decisions about their own lives**, and have the same opportunities as everyone else.

Who We Are

Som – Fundació is a non-profit organization that supports decision-making for persons with disabilities in Catalonia





Mission

Som – Fundació ensures that people with disabilities, particularly people with intellectual disabilities, receive the support they need to pursue their life projects throughout their lives.



Vision

We aspire to remain a strong, leading organisation committed to inclusion, the exercise of rights, and improving the quality of life of people with disabilities, particularly people with intellectual disabilities.

Values



Commitment and social responsibility

We promote social rights and demand public and social responsibility



Trust

We build trust with close and high-quality support



Transparency

We exercise our economic and patrimonial responsibility rigorously



Independence

We are an autonomous and impartial entity.

Board of trustees

President

Jordi Costa Molina

Vice President

Pere Grau Buldú

Treasurer

Roser Galí Izard

Members

Jordi Andreu Soriano

Eulalia Balañá Vives

Jordi de Bolós Giralt

Carlos Dalmau Ausàs

Josep María Durán i Bellido

Jordi Gabarra Serentil

Silvia Garre Gui

Natalia Martínez Mustienes

Eloisa Martínez i Torregrosa

Eva M^a Ribó Fenollós

Agustí Vilardebo Clascà

Anna Vives Xiol

Secretary

Josep Tresserras Basela

We are a community

883

People we
support

510

Som Futur
Commitments

96

Professionals
in our team

69

Volunteers

Commitment to quality

At Som – Fundació, we follow quality standards to ensure high-quality support for people with disabilities. This helps us improve our daily work and provide personalised, meaningful support tailored to each person.



Awards



2007

Creu de Sant Jordi



2021

Premi Barcelona a l'Empresa Innovadora en Organització i Usos del Temps



Premi Lluís Martí

2017

Deferació Catalana de Voluntaria Social



2024

Premi de Voluntariat Inclusiu



Generalitat de Catalunya
Departament
de Drets Socials

2020

Tercer Premi de Voluntariat

Highlights of 2025



Change in management

In February 2025, Mario Cuixart joined the foundation as its new manager. He succeeded Josep Tresserras, who had held the position for 34 years.



European visitors

We organized a meeting of 26 representatives from organizations in five European countries, who visited several pioneering Catalan projects in independent living and inclusive technology, within the framework of the EASPD Lighthouse project.



Legislative impact

We have taken part, alongside representatives of other organisations, in the presentation of a draft bill to amend the Catalan Civil Code regarding support for the exercise of legal capacity.



Bringing back team days

After a few years without being able to hold them, we met in Barcelona to reflect on and work together on the organisation's strategic plan.

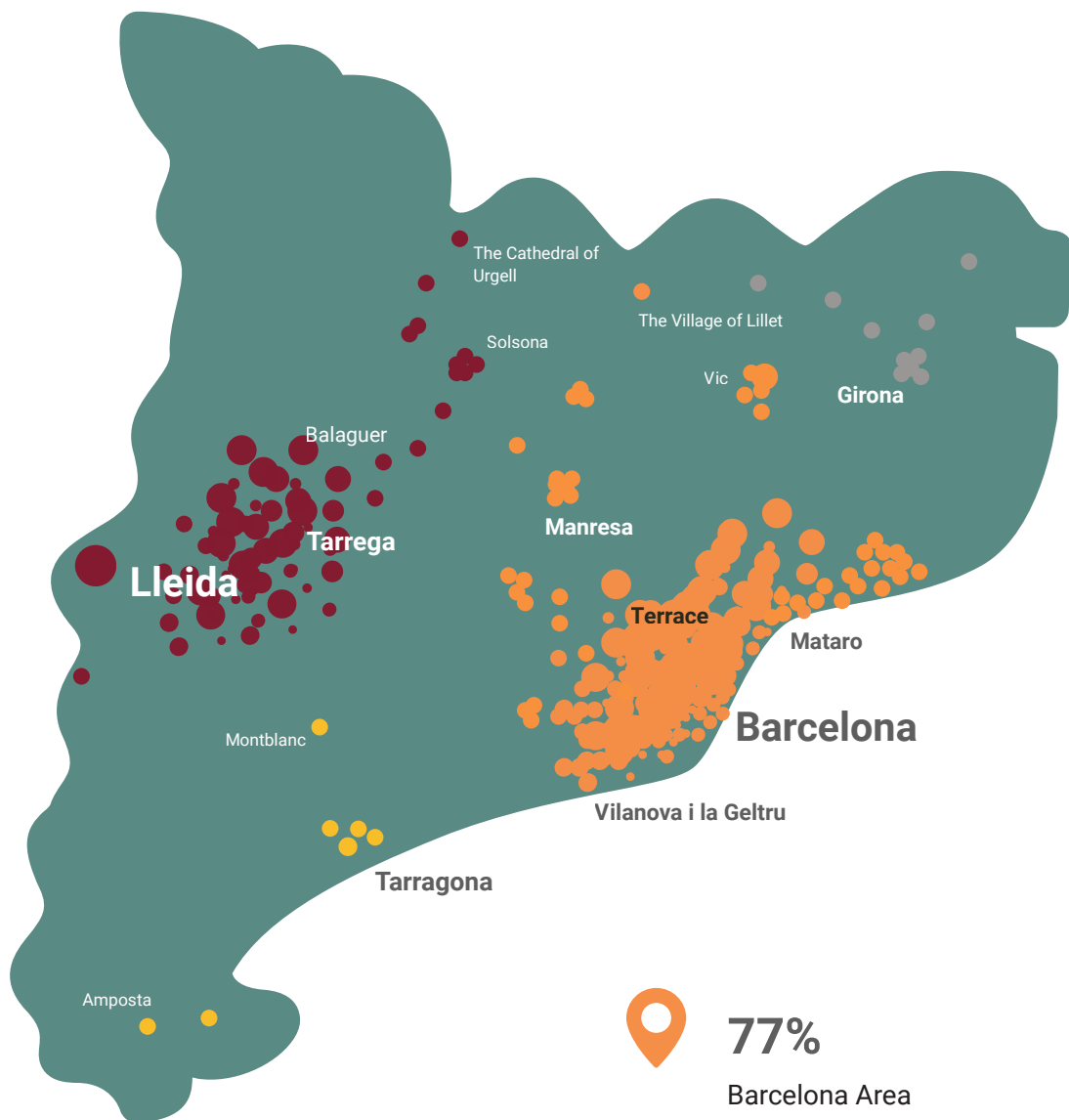
Decision-Making Support


Since 1987, we have supported a large and diverse group of people in Catalonia, with different needs, wishes and life trajectories




What is the support on decision-making?

Close to people's lives





 **77%**
Barcelona Area

 **20%**
Lleida Area

  **3%**
Tarragona and Girona Area

Main data

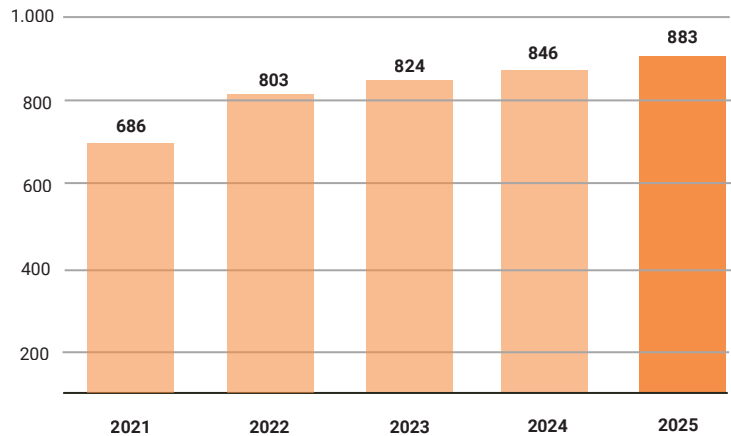
883  58%  42%
people we support

+4%
compared to 2024

72
new registrations

35
exits from the service
28 due to deaths
7 due to end of support

Evolution

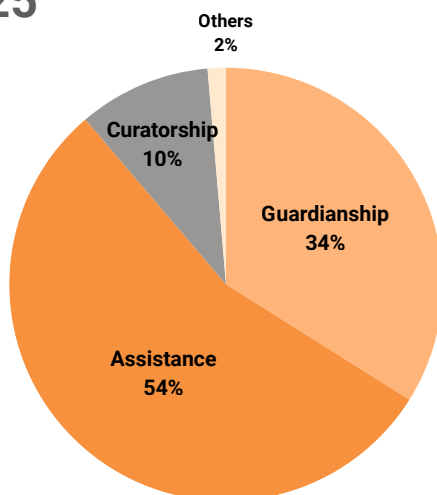


Between 2021 and 2022, the increase was higher because we absorbed an entity from Lleida.

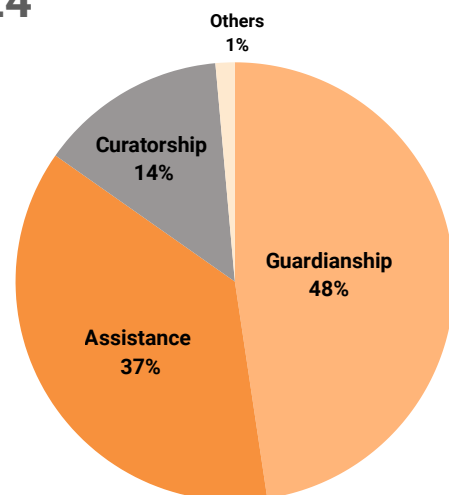
Type of support

For years, we have developed a person-centred model that recognises the right of individuals to make decisions with appropriate support and that respects their wishes and preferences. This approach, enshrined in Law 8/2021, has progressively replaced guardianship and conservatorship with supported decision-making arrangements.

2025



2024



Housing situations



534

live in institutions



56%

44%



343

live independently



61%

39%



6

people experiencing homelessness



2

4

Employment situation

Working-age population: **218 people**

These are people who work or can work in a regular company or special work center, receive a salary and contribute to social security.



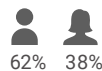
40 work in ordinary company



105 work in a sheltered workshop



73 people unemployed

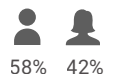


People not in the labour force: **665 people**

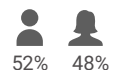
These are the people who use occupational therapy services or residential activities. They do not receive a salary or contribute to social security.



249 carry out residential and additional activities



226 people in occupational and inclusion services

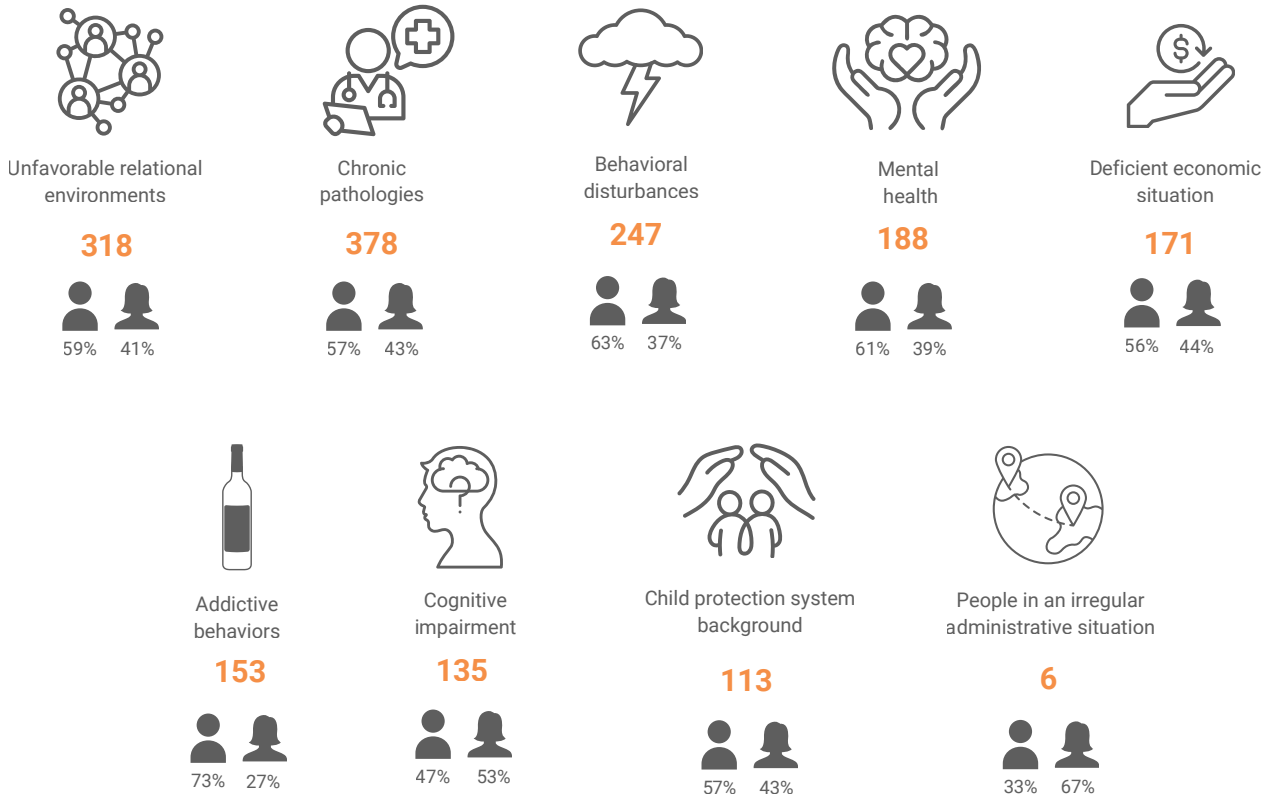


190 retired or unemployed people



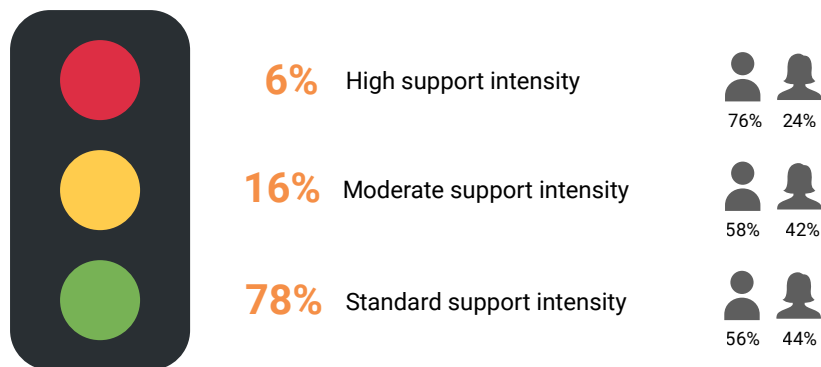
Complexity factors

These personal circumstances, together with the disability itself, determine the level of support a person needs to make decisions.



Intensity of support

The combination of different complexity factors and their level of impact increases the level of support a person needs.



Activity indicators

Each person we support receives assistance from a social, accounting, legal, and administrative team. During 2025, these teams carried out 40.668 actions related to support in legal capacity. The main actions were:



Social support

It is made up of 22 teams of social workers and support staff, five support assistants, and three territorial coordinators. They are in direct contact with the people we support and accompany them in their life projects.

8.026

Medical follow-ups and accompaniment

1.274

Shopping companions

1.445

Leisure monitoring and support

957

Out-of-hours attendances



Economic support

It consists of 14 professionals who support people in managing their finances, preparing budgets and producing accountability reports, which are presented in easy-to-read format for those who receive this support.

2.835

Banking product management

787

Cash management for users

886

Budgets prepared

248

Account performance in easy-to-read format



Legal support

It consists of three legal experts and one administrative technician. They facilitate access to justice for the people we support, provide legal advice, and defend their rights and interests.

5.097

Actions taken

157

Completed reviews of measures

179

Other legal proceedings

23

Completed support measures



Administrative support

The Administrative Area is responsible for managing users' administrative procedures, such as applying for pensions or setting up utility services.

886

Economic and social reports sent to the courts

1.077

Administrative procedures

119

Home maintenance actions for users

237

Pension processing

Som Futur

A programme of future support commitments for people with disabilities and their families who wish Som – Fundació to provide support when they are no longer able to do so



Main data

510 ↓ 4%
total commitments

101
new commitments

56 ↑ 67%
cancellations

4 deaths

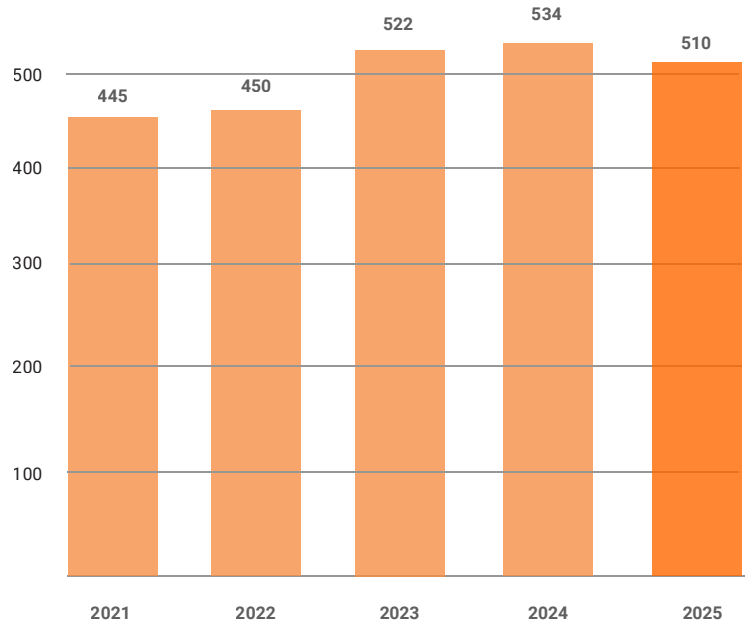
52 for ending of the commitment*

* In 2025, a campaign was launched to update the validity of the commitments.

69

commitments have become assistance in 2025

Evolution



Origin of new commitments

How do people access the foundation?



33
of families



32
of the Support Measures Commission



11
of residences



7
Social Services



7
of courts



6
directly from people with disabilities



2
powers of attorney



2
advance support declaration



1
other foundations

With the collaboration of:



Attention to individuals and families

351

in-person visits

1.653

telephone contacts

8

average number of daily contacts
with people and families

270

legal procedures

Main contact



34%

both parents



28%

mother



23%

another relative



8%

father



4%

self-contact



3%

without family

Requests for information and advice



87

first visits



31

second visits

**What happens when we
accept a Som Futur
commitment?**



Som Futur transforms uncertainty into confidence

The Som Futur programme is a free service we provide. It is made possible thanks to the support of individuals and families whose collaboration ensures that no one has to face this stage with uncertainty or loneliness.

You can support us too! 

10

euros a month

We provide free information and advice

You can reclaim 80% of your donation through tax relief

20

euros a month

We stay in close contact with Som Futur families.

You can reclaim 80% of your donation through tax relief

Click here to collaborate!



Programs and Projects

They reflect our commitment to high-quality support. We develop initiatives that create opportunities, promote well-being, and foster social inclusion



Volunteer Program



This project fosters positive relationships, community participation, and the emotional well-being of the people we support. In addition, the inclusive volunteering programme #JoTbPuc promotes empowerment, encouraging people to become active agents of change and contributing to a shift in how diversity is perceived.

One-to-one volunteering

Volunteers share leisure, cultural, or sporting activities with the person they are accompanying. Support volunteers perform specific tasks such as translating documents.

66

People volunteer one-to-one

3

support volunteers

#JoTbPuc *(Catalan for 'I can do it too')*

This is Som – Fundació’s inclusive volunteering programme. We offer individual and group volunteering activities to the people we support. In this way, roles are reversed, and they move from receiving support to providing it.

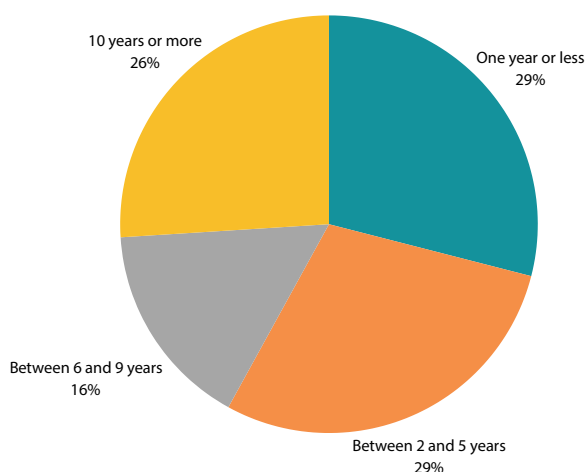
17

people we support do volunteering

14

collaborating entities

Length of stay



Discover #JoTbPuc!



With the collaboration of:



Independent Living Program



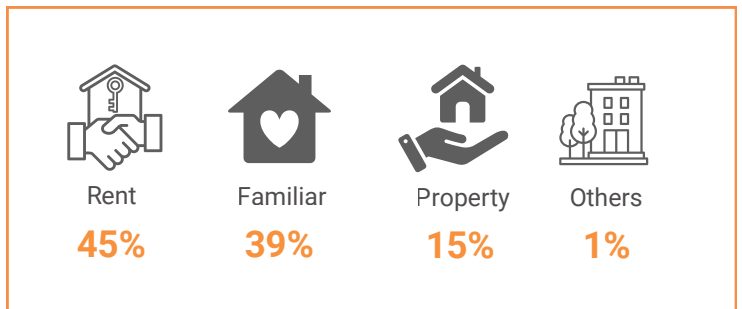
It reduces institutionalisation of people with disabilities. We support them to continue living in their own homes and promote individualised independent living projects for those who wish to move out of residential care.

343 61% 39%

people have received support to live independently

51

over 65 years old have received support to maintain their independent living



66

young people aged between 18 and 35

13

young people identified with a willingness to explore independent living

3

young people have started plans to transition to independent living

With the collaboration of:



'Salut amb suport'



Salut amb suport (Catalan for health with support) is a programme created in response to the serious health inequalities affecting people with disabilities. We ensure universal, accessible and safe access to healthcare for the people we support, with the aim of promoting their autonomy and active participation in decisions that affect their lives.

8.026 58% 42%

health-related follow-ups and support

5.016 57% 43%

in-person accompaniment to health services

33%

support provided by external companies

292

health emergencies attended through the on-call service



11%

follow-ups and support carried out in Lleida

With the collaboration of:



Support for People at Social Risk



This programme aims to ensure the well-being of the people we support who are in situations of social vulnerability. We provide specific financial support to temporarily cover basic needs and mobilise actions and resources that help them overcome their situation.

60  50%  50%

people benefiting from the programme

24.461,96 €

financial support activated

Main needs



Housing



Energy



Water

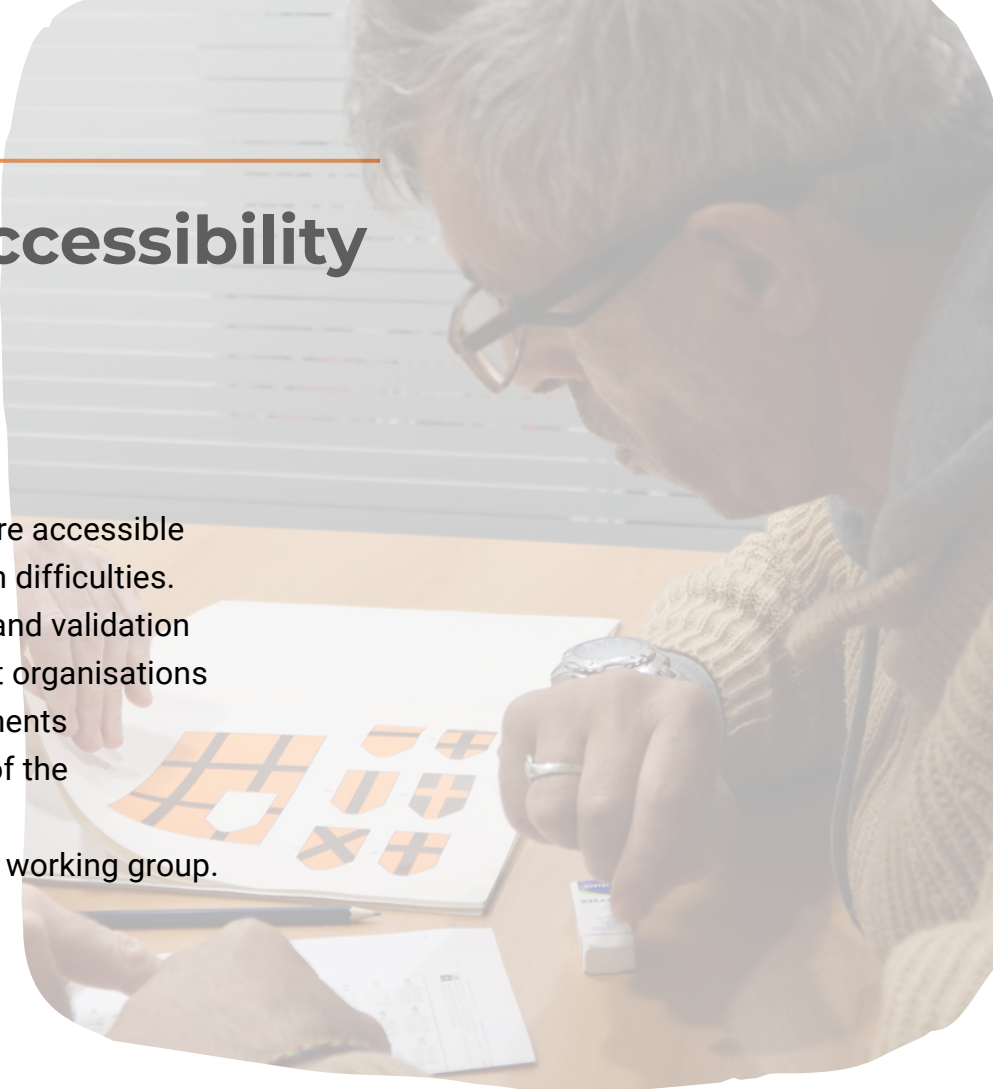
With the collaboration of:



Cognitive Accessibility



It helps make information more accessible to people with comprehension difficulties. We have our own adaptation and validation team and work with non-profit organisations to make the rest of the documents accessible. We are also part of the AccessCat Network and the Dincat Cognitive Accessibility working group.



11 documents

adapted and validated in 2025

With the collaboration of:



Accessible internal documents



Coses Nostres Magazine

Internal magazine in easy-to-read format for the people we support and Som Futur's commitments



Accountability in easy-to-read format

It is a tailored document that allows the person to understand how their money has been managed and to participate with observations.

Transparency documents adapted in 2025



Annual report



Strategic Plan



Service Charter



Good Governance Guide



Entity budget



Code of ethics



Authorization for use of image rights



Commitment to equality



code of Conduct

Inclusive Leisure



We understand leisure as a right and a key tool for emotional well-being, inclusion, and autonomy.

We therefore promote participation in the cultural and social life of the people we support, encourage healthy leisure activities, and help reduce unwanted loneliness.



1.445  56%  44%

actions related to the promotion of leisure activities for people

689  62%  38%

accompaniment to leisure activities

Events

Christmas and Epiphany Dinners

Nearly 700 people enjoyed lunch together in Barcelona and Lleida

Art meetings

Meetings between the people we support, the social teams, and people interested in volunteering with us, with art as the central theme.

Collaborations

Primavera Sound

For years, the festival organizers have provided free tickets for the people we support.

Som Companys

A group of 15 people who meet every month for cultural visits and leisure activities.

Research, Innovation and Reducing the Digital Divide



We participate in research projects on the reality of the group and in initiatives to promote communicative accessibility, reduce the digital divide and improve the autonomy of people.

UNIKOS application

We have completed the development of the UNIKOS application, a project carried out with Fundació Germà Tomàs Canet, which enables people to access their support documentation.

National studies

We have participated in two studies on complexity factors and the relationship between disability and economic vulnerability, promoted by the Liber Association.

WEL Project

We support the Transmedia Catalonia group (UAB) in testing communicative accessibility projects with the people we support.

Digital accessibility

We have taken part in testing accessible digital applications and devices with the people we support, thanks to collaboration with the Xarxa AccessCat.

Bridging the digital divide

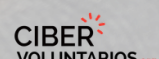
We have participated in a programme aimed at reducing the digital divide for people with disabilities, promoted by the Cibervoluntarios Foundation.

European projects

We hosted a study visit as part of the EASPD Lighthouse project on inclusive technology and independent living. The meeting brought together 26 participants from five European countries.



With the collaboration of:





Team

At Som – Fundació, we have a team of professionals from the social, economic, legal and administrative fields who work together in a network to provide high-quality support

Main data



96  24%  76%
professionals on the team

46 years
middle age

7 years
average length of stay

1.959 training hours
received by the 96 professionals

Distribution by areas



Social area

61%

 10  49



Economic Area

19%

 6  12



Legal Area

5%

 2  3



Other management areas*

15%

 5  9

Networking with purpose



1



2



3

- 1 We have delivered six training courses for organisations, public administrations and federations.
- 2 The people we support take part in three working groups within the Liber and Dincat federations.
- 3 We are part of 28 working groups at local, national and international level.
- 4 We have participated in 18 conferences and congresses, including an international meeting organised by our organisation.



4

Communication

Media presence

20

media appearances



Internal communication

4.201

Coses Nostres magazines sent



Discover it here



34

newsletters sent

- 12 to the team
- 12 to the board of trustees
- 6 to the volunteers
- 4 Som Futur's commitments

Social networks



141.851

impressions accumulated across all networks

5.542

followers

453

published posts

Web traffic



www.somfundacio.org

9.614

accumulated visitors

1.875

documents downloaded from the web

15

blog posts



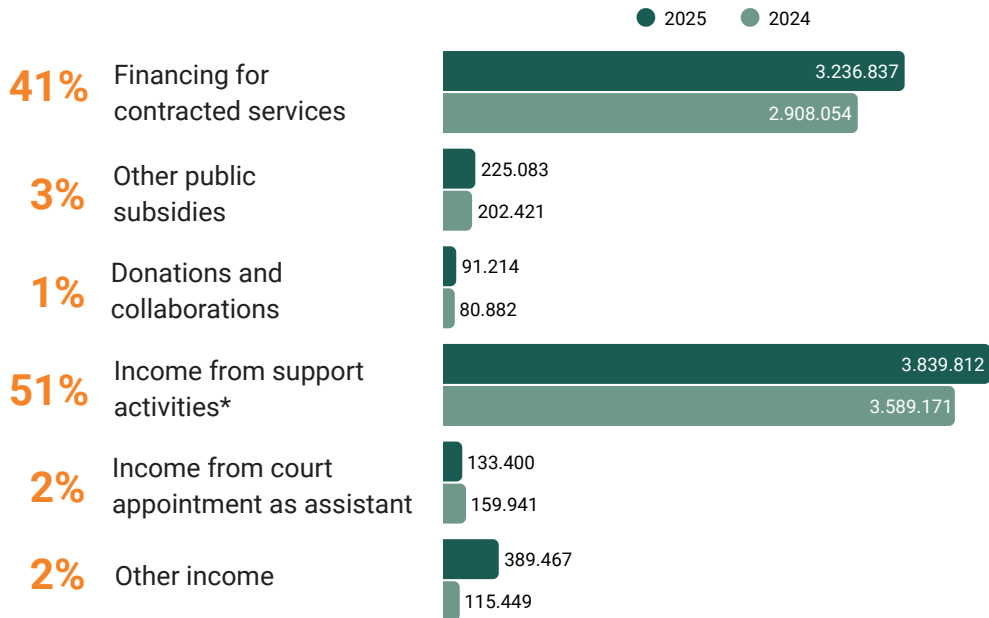
Winning entry of the 2025 Christmas Card Contest

© Som - Fundació

The postcard by Antonia Sánchez, whom we support in Lleida, received the most votes in the Christmas Card Contest, which we have been organising since 2014.

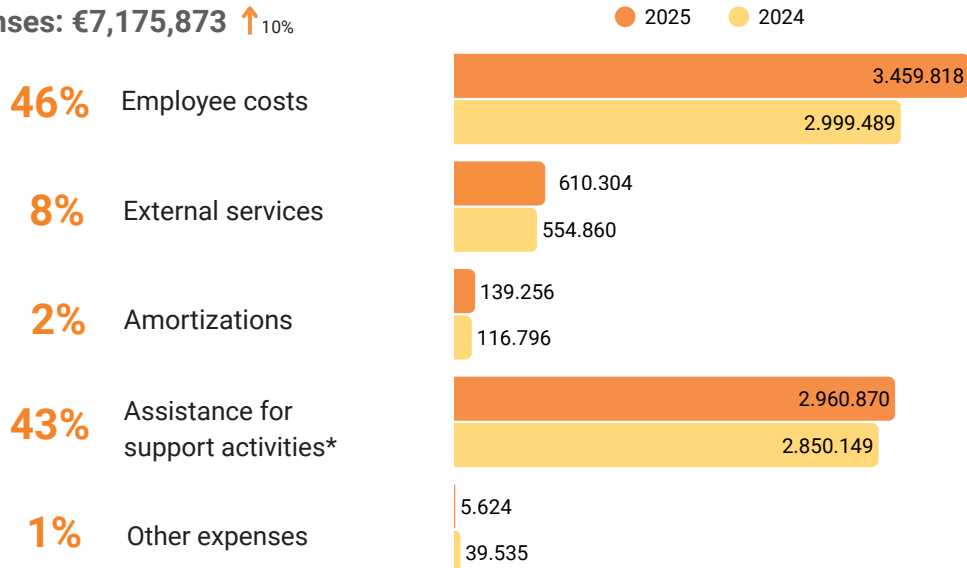
Financial Overview

Revenue: €7,915,813 ↑ 13%



* Child benefit received by the entity

Expenses: €7,175,873 ↑ 10%



* Includes the child benefit transferred to the person receiving the support

Result: €739,940 ↑ 49%

Check out the latest verified economic data report



Integrated social value 2025

It is a methodology that measures social impact, well-being, and improvements in people's lives. In this way, we can demonstrate the value we bring to society beyond purely economic results.

Financial result: €739,940

It is just the tip of the accounting iceberg: necessary for sustainability, but it represents only a small part of the impact.

Market value: €8,328,669

Economic impact on the territory generated through employment, procurement, and services from local suppliers.

Gross integrated social value:

€17,415,963

Total social value generated, calculated as the sum of market and non-market social value.



Return to public administrations: €2,498,300

The "boomerang effect": taxes, contributions, and savings within the public system.

Non-market social value:

€9,087,294

What is priceless but valuable: personalised support, active defence of rights, training, and empowerment.

Gross socio-emotional value:

€20,002,503

The human multiplier: gross integrated social value enhanced by user satisfaction, emotional well-being, and perceived impact.

Voices from our community



«It gives me great peace of mind to know that I won't be alone when I can no longer be with my parents».

Carol López
Som Futur Commitment



«We feel listened to and valued. They help us become more autonomous and make our own decisions».

Jonathan Aranda, Christian Castro, Abel Diallo, Anna Maria Ruiz
People we support on decision-making from the Associació Talma



«I completely trust Som – Fundació. Thank you for making my life easier».

Xavier Maneja
Person we support on decision-making



«By volunteering, I learn to consider other points of view»

Michiel Hasker
Volunteer



«We work side by side, always in an effective and highly professional way»

Vicenç Ros
Social worker at Fundació Privada Rosella



«The collaboration with Som - Fundació is essential to know if what we are researching works».

Anna Matamala
Member of Transmedia Catalonia



«Connecting with leading frontline organizations is key to defending people's rights internationally».

Àngela Corbí
EASPD Membership officer



Together we go further...

Federations and networks



Administrations and collaborating companies



Connections that add up





...and with you,
we go even further!

You can also help improve the quality of life of people with intellectual disabilities



Make a donation

Together, we can transform lives. You can make a one-off donation via Bizum to 04751 or contact us to set up a regular donation.

Remember that your contribution has tax benefits. The Spanish tax authorities will refund 80% of your contribution on the first €250 per year, and 40% on any amount above that

Click here to collaborate!



Volunteer with us

Would you like to share your time and experiences with people with disabilities? Send your proposal to voluntariat@somfundacio.org



som
—fundació

☎ 932 980 301

✉ informacio@somfundacio.org

🌐 www.somfundacio.org

Follow us!

