

We walk resolutely



towards new horizons

2021 Activity Report

som
—fundació

we look forward a paradigm shift —



of care **based on the person's abilities**, not disabilities.

2021 has marked a before and after in the everyday life of guardianship organizations. The Spanish legislative reform has eliminated the guardianship and has replaced it for a system of supports, placing the person in the centre of the decision-making. This implies a **paradigm shift** that represents a first step towards building a model

It is now up to us, **the decision-making bodies**, to work to ensure that the implementation of the new regulations guarantees the rights, well-being and quality of life of the people we support. A change that, however, does not only affect our families and us: it appeals to all citizens, with the goal of transforming us into a **more friendly, accessible and inclusive society**.

Jordi Costa Molina
President of Som - Fundació

who are we —

Som — Fundació is a non-profit organization that supports the legal capacity for decision-making for people with intellectual or developmental disabilities living in Catalonia.

Since we were born in 1987, our mission has been to provide the right support so that people have the right support to build their life project, based on their desires and preferences.

what values moves us —



Commitment and Social Responsibility



Confidence



Transparency



Independence

our management model —

Person-centered planning

We offer individual attention to the persons users, accompany them in making decisions and respect their wishes and preferences.

Equality Plan

We have an Equality Plan promoted by professionals from the entity, who have participated in its implementation, development and monitoring process.

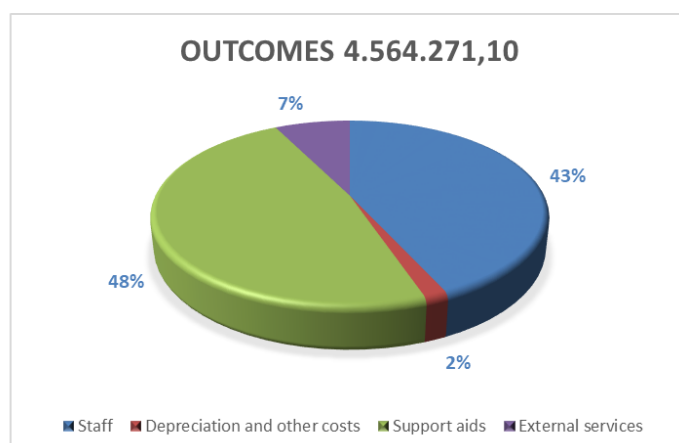
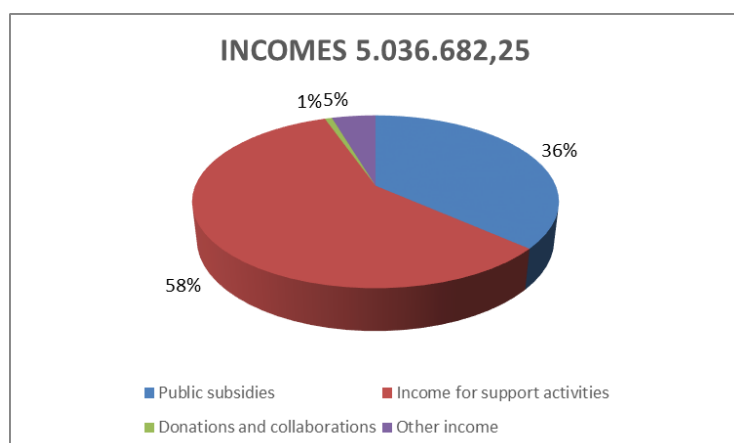
CSR and quality management

We are committed to environmental sustainability and responsible consumption, and our activity is carried out following the ISO 9001: 2015 standard and the Full Inclusion quality model.

Code of conduct

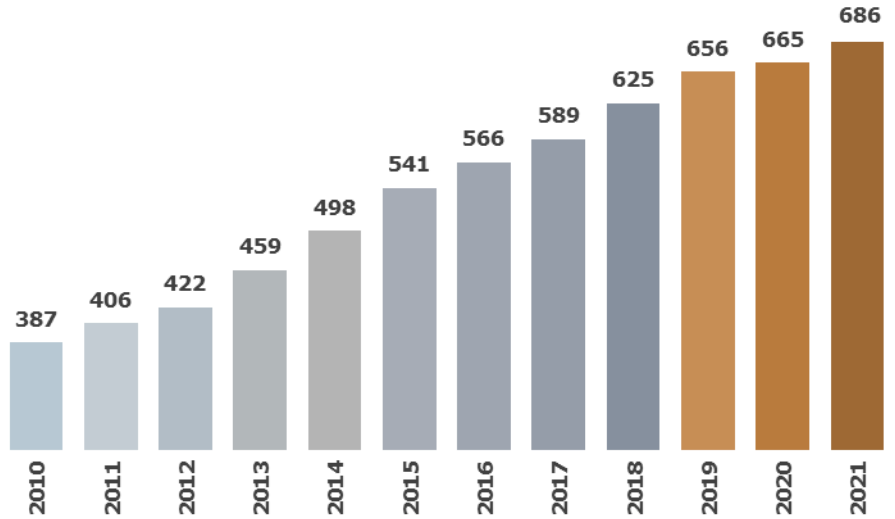
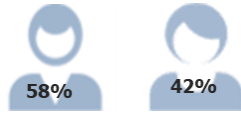
It establishes the principles and rules that govern the behavior of the people we work for in the organization.

financial resources —



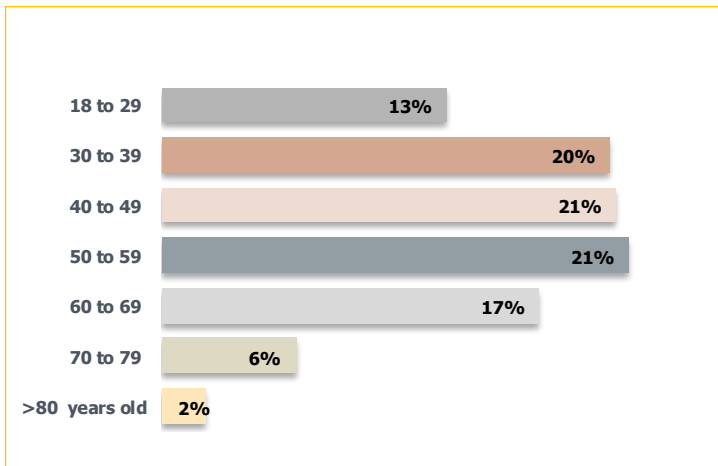
people we support —

In 2021
we have supported **686** persons

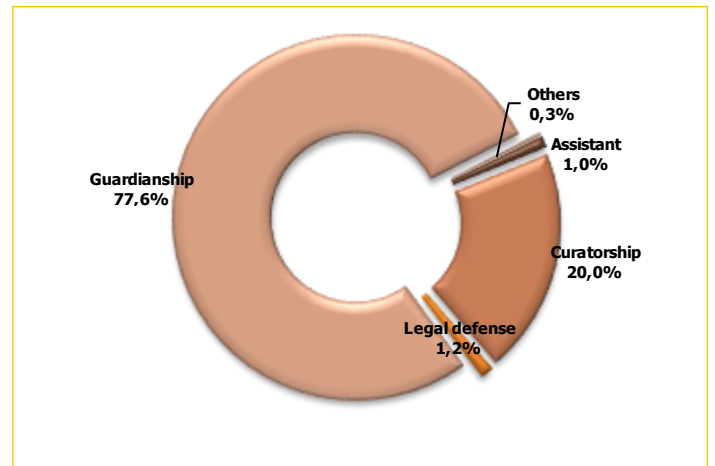


We are recovering the rate of previous years (6% per year) with an increase of 3.16% compared to 2020, and 62.56% if we compare it with the last 10 years (2012).

2 out of 3
are over 40 years old

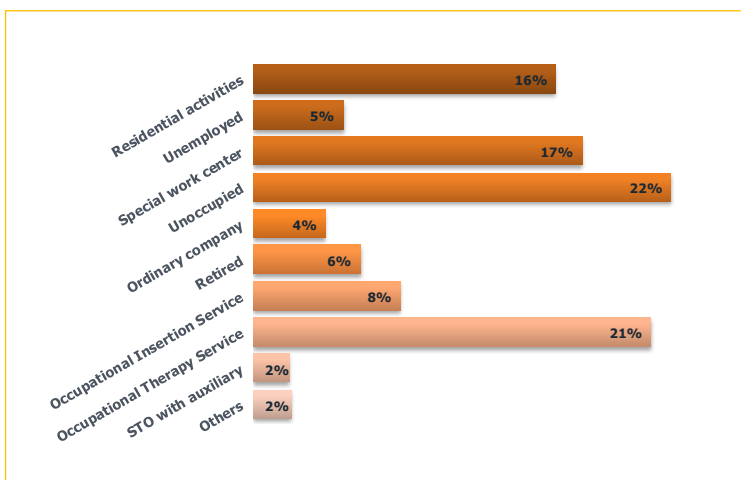


Types of charges that will be transformed into supports



The age distribution shows that 62% of the people we support are between 30 and 59 years old. Only 13% are under the age of 30, as the organization only caters to adults.

One of our goals is to promote the autonomy of the people we care for and provide them with only the support they need. As a result, the guardianship has gained ground in 2021 and has accounted for 20% of all charges.



The occupation

28% of the people we support are considered working, and 83% are working in this group.

6 out of 10 people we support have a job in their day to day life.

2 out of 10 are completely unoccupied.

Only 4% work for an ordinary company.

programs & projects —

— vull viure a casa

261 people we support have benefited in 2021 from the Vull viure a casa program. This promotes the independent living of people with intellectual disabilities with support at home. Thus, the person avoids institutionalization, maintains his independence and personal autonomy and enhances his social inclusion.

The program has the support of **Barcelona City Council and the Provincial Council**. In addition, we are part of the Accessibility and Independent Living Network of the Municipal Institute for People with Disabilities of Barcelona.



Rented 44%



Property 15%



Family home 34%



— acompanya'm

With this program, we want all the people we care for and who need it to be accompanied by a doctor. In this way, we get them to monitor their health properly, take their medication and improve their quality of life. Last year, we did 7.729 health-related supports and 1.480 supports to visit the family.

This program has the support of the Department of Health of the Generalitat.



— Care for people in a vulnerable situation

In 2021, we promoted **76 people** to have access to a roof, quality food, energy supply and medicines. With this program, we ensure that all the people we support have basic needs covered, especially families with **dependent children**. The Department of Social Rights of the Generalitat collaborates with this project.

34 direct beneficiaries



42 indirect beneficiaries



— cognitive accessibility

In 2021, we have adapted the **first judicial sentence** in easy-to-read and 7 more documents that we release to the persons we support, in Spanish and Catalan.

In addition, we have made the *Coses Nostres* newsletter an easy-to-read bimonthly magazine. This program has the collaboration of the **Fundación Once**, which has promoted the adaptation of both documents and our easy-to-read website.



— som companys

During 2021, the *Som Companys* program has had the participation of a **stable group of 10 people** and the face-to-face meetings have been revived throughout the year. This is an inclusive leisure group for people with intellectual disabilities that we support with a high degree of autonomy. With the meetings, we want to promote social relations, inclusive leisure and social inclusion. This program has the collaboration of **Barcelona City Council**.



programs & projects —

— compto amb vosaltres

This program (I count on you, in Catalan) aims to respond to people we support in urgencies that occur outside the foundation's working hours, 24 hours a day, 365 days a week. The purpose of the program is to resolve any issues that arise, to respond effectively to the needs of the person. This year, 408 urgencies have been dealt with.



— #JoTbPuc

The #JoTbPuc inclusive volunteer program promotes the participation of the people we support in society through individual or collective volunteer actions. Thus, their role is reversed, and the person goes from receiving supports, to giving them. In 2021, **17 people participated in the program**, 70% more than the previous year, and we collaborated in a network with 15 social and cultural entities, 8 of which are new. The Department of Social Rights is collaborating with this program.



volunteering —

The Volunteering Program has volunteers who work altruistically with the organization through:

→ Support volunteering

- **66 volunteers** share leisure time with a person with an intellectual disability and establish a personal relationship that lasts over time and enhances their abilities and emotional well-being.
- They also collaborate in specific activities, such as cultural outings that facilitate the participation of the people we support in society.

→ Corporate volunteering

These companies promote solidarity among their professionals and regularly collaborate with the foundation by giving workshops, doing cultural or leisure outings, etc. In 2021, **5 volunteers** have carried out various activities with the people we support.

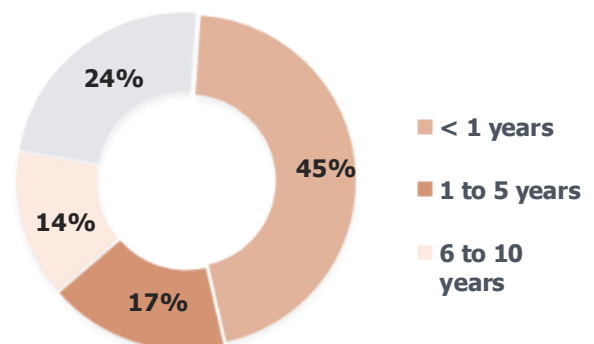
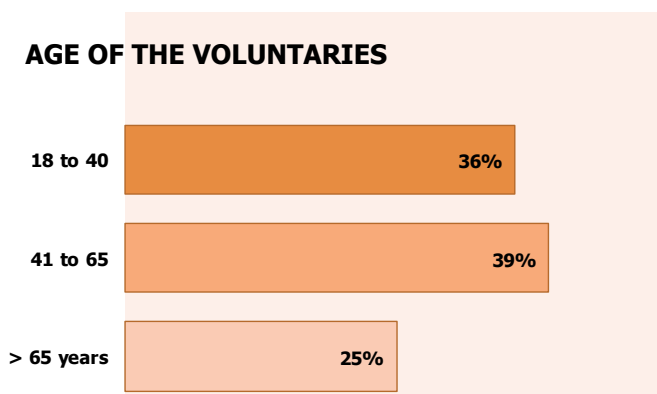
→ Collaboration

In 2021, **8 people have collaborated** altruistically with the foundation, carrying out various tasks, such as translating texts, consulting...



COMMITMENT

AGE OF THE VOLUNTARIES



planning for the future —

Som Futur is a planning for the future program that informs and guides the families and professionals of entities about the support for legal capacity in decision-making, provided by our organization, and all the services it offers to persons with intellectual disabilities.



At the end of 2021, Som Futur program had 445 files, which have reached families, social entities, residential resources, social services, courts and guardianship commissions. Future planning cases from families account for 84% of the total.



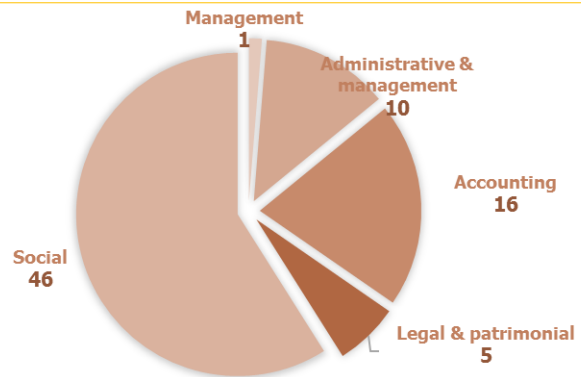
information and consulting —

Despite the pandemic restrictions in place in 2021, we have continued to report on support for legal capacity for decision-making and how to prepare for the future of people with intellectual or developmental disabilities through the Som Futur program. During 2021, we provided information and advice to 57 families and 16 professionals.



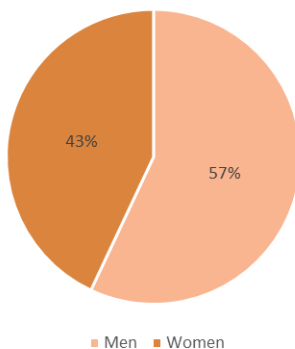
our team —

78 workers

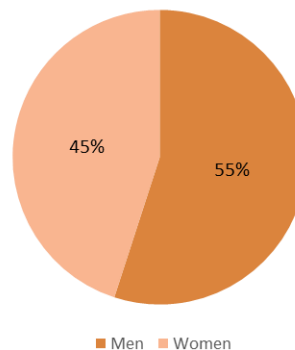


Parity in management bodies

Management team



Board of trustees



of 2021 we highlight —

— the legal reform



On September 3rd, the legal reform of the Spanish Civil Code came **eliminated guardianship** and replaced it with a system of decision-making support. On the same day, the

Catalan government approved a decree-law to adapt the autonomous laws of Catalonia to the new legal scenario, while rewriting, during the year 2022, the new article that will give shape and will deploy this new way of understanding care for people with intellectual disabilities.

We will continue to carry out our work as before. However, in the legal field, this means replacing a model of legal incapacity with one based on respect, active listening and building one's own life project, which allows people with intellectual disabilities to build their own project of life, based in their **will, desires and preferences**. On the other hand, this goal aligns us with the United Nations Convention on the Rights of Persons with Disabilities, and poses an exciting challenge for decision-making bodies at the same time.



— we recover the face-to-face talks



At the end of 2021, we recovered the face-to-face talks given by our colleague Albert Rodríguez, which are aimed at professionals, individuals and families

interested in the world of intellectual disability and in decision-making support formulas. In fact, last December 13th **we held two face-to-face talks**, one in the morning and one in the afternoon, to explain the legal reform to the people who are part of our Som Futur program, for future planning for people and families. of people with intellectual disabilities.

— State congress Decidir con Apoyos



On the 17th and 18th of November we took part in the 1st State Congress on the Right to Decide with Support,

organized by the **Spanish Association of Guardianship Foundations**. Dozens of people and professionals from support organizations from all over Spain met in Madrid, where we shared, discussed and visualized the future of legal reform. We went with Carme and Marta, who played a very active role in the talks, trainings, debates, workshops and dynamics that took place.

— complexity factors



We have participated in the elaboration of a **state and local studies** on the factors of complexity that affect people with intellectual disabilities, and which has been carried out by the Spanish Association of Guardianship Foundations and Dincat. Thanks to this study, we have

gained access to specific data on how these factors affect, such as addictions, problematic personal and family relationships, or chronic illnesses in the people we support.

— media



State and regional legal reform has attracted the interest of the state and local media, and has devoted various content to explaining the reform and its impact on people with intellectual disabilities.

Thus, representatives of our organization and the people we support have participated in a total of **15 contents in various media**, including television, radio, print and digital press. We also opened a profile on two more social networks: Instagram and LinkedIn.

— easy-to-read Coses Nostres

coses nostres

Número 178
Juliol de 2021



La llibertat sexual de les persones amb discapacitat

som
— fundació

This year, *Coses Nostres* has become a **bimonthly accessible magazine** that we send in physical format to the people we support and to the people and families who are part of the Som Futur program. It is accessible because it is easy-to-read.

This is a **12-page**, full-color publication that talks about what is new at our foundation, our day-to-day work, and the activities of the people we support.

— we promote sex-affective trainings



At the end of 2021, the Catalan Women's Institute, which depends on the Generalitat de Catalunya, **awarded us a grant** to carry out sex-affectivity workshops aimed at people with intellectual disabilities

whom we support. At the same time, we have been part of the Dincat Sex Affectiveness Working Group, created to generate changes that **improve the sexual life** of the people we support; In addition, we have participated in a working group for the prevention and treatment of abuse and ill-treatment of people with disabilities, also jointly promoted by Dincat and UAVDI.

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Sant Fructuós nº 12, baixos.
08004 Barcelona
T. 932 980 301
informacio@somfundacio.org
www.somfundacio.org

Entity certified in the standard ISO 9001:2015

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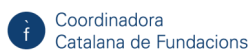


— with the collaboration of:

— public administration



— associations



— other entities

